

2026 年初中毕业升学模拟检测（一）

英语试题卷

考生须知：

1. 本试卷满分 120 分，考试时间 100 分钟。
2. 答题前，在答题纸指定位置填写学校、班级、姓名、座位号和准考证号。
3. 必须在答题纸的对应答题位置上答题，写在其它地方无效。答题方式详见答题纸上的说明。

第一部分 听力理解（共三节，满分 20 分）

第一节（共 5 小题，每小题 1 分，满分 5 分）

听下面 5 段对话。每段对话后有一个小题，从题中所给的 A、B、C 三个选项中选出最佳选项，并标在试卷的相应位置。听完每段对话后，你都有 10 秒钟的时间来回答有关小题和阅读下一小题。每段对话仅读一遍。

1. What did the man have for lunch?
A. Noodles and vegetables. B. Rice and vegetables. C. Fried chicken and cola.
2. Where might the conversation take place?
A. At a cinema. B. At a hotel. C. At an airport.
3. How much will the girl pay?
A. 16 dollars. B. 20 dollars. C. 26 dollars.
4. When will the man arrive at school?
A. At 1:30. B. At 2:10. C. At 2:30.
5. What will the speakers probably do?
A. Wait for the bus. B. Take the subway. C. Go home instead.

第二节（共 5 小题，每小题 1.5 分，满分 7.5 分）

听下面 2 段较长对话，每段对话后有几个小题，从题中所给的 A、B、C 三个选项中选出最佳选项，并标在试卷的相应位置。听每段对话前，你都有时间阅读各小题，每小题 5 秒钟；听完后，各小题将给出 5 秒钟的作答时间。每段对话读两遍。

听下面一段较长对话，回答第 6 至第 7 两个小题。

6. What did the boy watch with his family?
A. The skating games. B. The skiing races. C. The opening ceremony.
7. Why does the woman look up to the Chinese player?
A. She is a Chinese skiing athlete.
B. She practiced hard for her country.
C. She makes the opening ceremony amazing.

听下面一段较长对话，回答第 8 至第 10 三个小题。

8. Why doesn't the boy join the reading club?
A. He dislikes it. B. He's not good at it. C. He has no time.
9. What does the girl offer to do first?
A. Teach him reading skills. B. Read short stories to him. C. Discuss stories with him.
10. What kind of books will the boy start with?
A. English novels. B. Chinese long stories. C. English short stories.

第三节 (共 5 小题, 每小题 1.5 分, 满分 7.5 分)

听下面一段独白, 独白后有 5 个小题, 从题中所给的 A、B、C 三个选项中选出最佳选项, 并标在试卷的相应位置。听独白前, 你将有时间阅读各小题, 每小题 5 秒钟。听完后, 各小题将给出 5 秒钟的作答时间。独白读两遍。

听下面一段独白, 回答第 11 至第 15 五个小题。







11. Who is the speech for?
 - A. Cooking beginners.
 - B. Excellent cooks.
 - C. Busy Parents.
12. What should we do to make fried eggs?
 - A. Heat the pan gently.
 - B. Add a little sugar.
 - C. Cook eggs quickly.
13. Where does the speaker advise us to find cooking instructions?
 - A. From our parents.
 - B. From cooking teachers.
 - C. From some cookbooks.
14. According to the speaker, how can we cook better?
 - A. By keeping practicing.
 - B. By reading more cookbooks.
 - C. By asking others for help.
15. What does the speaker think of cooking?
 - A. Useful but tiring.
 - B. Relaxing and meaningful.
 - C. Easy but boring.

第二部分 阅读理解 (共两节, 满分 40 分)

第一节 阅读理解 (共 15 小题, 每小题 2 分, 满分 30 分)

阅读下面短文, 从每题所给的四个选项 (A、B、C 和 D) 中选出最佳选项。

A

Advice from the Kid Expert 	
<i>Offering solutions to life's little problems</i>	
<i>Problems</i>	<i>Advice</i>
I want to be on a basketball team. I've practiced a lot, but I'm too small. — Elliot	Too small? No such thing! Size has some advantages, but the sport is about much more than that. Basketball needs a lot of skills, such as shooting, passing and speed. Lots of NBA players are shorter than six feet (about 1.8 meters) tall but are successful. Find a coach or gym teacher who could offer training. Don't let ideas about size hold you back from developing your talent.
I like watching TV, but my mom wants me to do other things. Have any fun ideas? — Benjamin	Ooh, lots! Start with some brainstorming. What kinds of things do you enjoy the most? Make a list of fun activities and keep it handy for you when you don't know what to do. Don't know what you like? A trip to the library may help you find it out. Your mom may have suggestions for you, too, since she knows you so well. Here are a few ideas:      Dance to your favorite songs. Create a comic. Do jigsaw puzzles. Try something new, like origami (折纸). Bake cookies.
I get distracted (分心) easily when I'm trying to get work done. Can	It surely can be hard to pay attention at times—especially if a lot is going on around you. It's great that you want to do your best.

leftover food in rubbish bins and not many enemies. So wild animals can gradually change to fit into the life here and domesticate themselves. Fully domesticated animals, like dogs and cats, often have smaller teeth, curly tails, short noses and soft ears compared with their wild relatives such as wolves and lions.

A team of students led by Raffaella Lesch analyzed almost 20,000 pictures of raccoons across the US. Their study found that raccoons living in cities had shorter noses than their relatives living in the countryside. This change may be connected with their behavior. Animals that develop gentler behaviors have shorter noses. Lesch says, "Leftover food is really the starter of it all".

Raccoons are mainly active at night and are known for looking for food from rubbish bins. Getting to bins, which are often near humans, requires raccoons to be quite tame – or be friendly and not scared of humans. As Lesch explains, "All they have to do is stay around us and not be aggressive (有攻击性的), and then they can enjoy a good meal on anything we throw away".

Some experts think that the signs of domestication, like short noses, help to make animals seem less dangerous or more lovely to humans. However, not all scientists agree with Lesch's study. Although raccoons could ever become truly domesticated, they are still wild animals.

27. What do we know about raccoons in cities from the text?

- A. They often got their meals from rubbish bins. B. They have longer noses than country raccoons.
C. They often search for food during the daytime. D. They grow more scared of humans than before.

28. What does the underlined word "tame" in Paragraph 4 probably mean?

- A. Wild. B. Beautiful. C. Dangerous. D. Gentle.

29. What can we infer about raccoons from Lesch's study?

- A. They will soon become fully domesticated like dogs.
B. They are slowly developing to live better near humans.
C. They have more enemies in cities than in the countryside.
D. They need to be aggressive to get food from rubbish bins.

30. What's the main idea of the text?

- A. How people live with wild animals. B. How raccoons look for food in cities.
C. What changes happen to city raccoons. D. Why wild animals have special looks.

第二节 任务型阅读 (共 5 小题, 每小题 2 分, 满分 10 分)

阅读下面材料, 从方框中所给的 A-E 五个选项中选出正确选项 (其中有一项是多余选项), 将其序号填入 31~34 小题, 并回答第 35 小题。

Find a new friend in the new year. That friend is just you! Everyone expects kindness, respect and love from a good friend and you shouldn't have to go far to find them. _____ 31 _____

● **What does self-love mean?**

Loving yourself, also called self-love, means being as kind to yourself as you are to others. Self-love means giving yourself the love, care and respect you might give your friends and family. _____ 32 _____ Try to speak to yourself with kindness and encouragement.

● _____ 33 _____

Studies show that self-love can help with friendships, schoolwork and health. Learning to love who you are helps you know how you feel about yourself. This makes you believe in yourself. You'll feel that you are worth good things. It doesn't mean you'll be happy all the time, but when you face challenges, they'll be easier to overcome. There is always someone looking out for you because that person is you.

● **Love yourself better.**

Don't compare yourself to others. Being kind to yourself is important, especially when you make mistakes.

_____ 34 _____ Tell yourself that everyone gets things wrong sometimes. Then work out what you could do

differently next time.

How about writing down your good things? You can keep that list and look at it often to remind you that you are amazing. Before you go to bed, think about three things that went well for you that day. This will help you see the positives in your life.

- A. Why does self-love matter?
- B. You can start by being your own friend.
- C. Remember that no one is perfect.
- D. It also means taking care of your body and mind.
- E. When should you start to love yourself?

35. Does self-love mean you'll be happy all the time? What do you do to love yourself better? (不超 20 词)

第三部分 语言运用 (共三节, 满分 40 分)

第一节 完形填空 (共 15 小题, 每小题 1 分, 满分 15 分)

Last weekend, our school organized a volunteer activity to help the old people. When I got my task to visit Mr. Wilson, an 82-year-old man who lived alone, I felt a little ____36____. I thought it would be hard to communicate with an old man and the volunteer work would be boring. ____37____ with my school task unfinished, I decided to try my best.

When I arrived at his small house, Mr. Wilson sat quietly by the window. I could even hear the soft ticking of an old wall clock. He stared at a broken ____38____. He said that it had broken down a week earlier. It was the only comfort he had after his ____39____ died, bringing him daily news, old songs, and a little warmth to his life. ____40____ it, his life had become boring and long. As he said, his eyes were full of ____41____.

A feeling of shame came over me. I knew ____42____ about fixing up things. I was worried, fearing that I would let him down. Yet, I didn't want to ____43____. I sat beside him, took the radio in my hands, and took it apart, checking each part carefully. Mr. Wilson passed me the tools ____44____. He shared sweet memories of how he and his wife used to listen to the radio every evening, talking and laughing about ____45____ lives. His eyes became soft as he spoke, and I could feel the deep love in his words.

After nearly an hour of work, I finally found the problem. I fixed it with a tool and put the radio back together. When I ____46____ it on, the familiar sound of a news reporter's voice filled the room. Mr. Wilson's face suddenly became ____47____. He held my hand tightly and said "thank you" over and over again. At that moment, I felt a strong sense of ____48____.

On my way home, I thought a lot. I had not just ____49____ a broken radio. I had brought back joy and hope to an old man's life. That day, I realized the true meaning of volunteering: it is not what we get in return, but the great influence we have on others' lives that makes our own lives ____50____.

- | | | | |
|----------------|------------|------------|-----------------|
| 36. A. unhappy | B. excited | C. relaxed | D. unbelievable |
| 37. A. And | B. Or | C. But | D. So |
| 38. A. clock | B. radio | C. phone | D. TV |

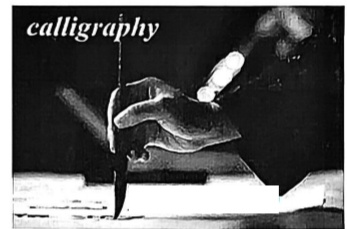
- | | | | |
|-----------------|---------------|---------------|----------------|
| 39. A. wife | B. friend | C. son | D. daughter |
| 40. A. Beside | B. Without | C. In | D. Through |
| 41. A. anger | B. happiness | C. surprise | D. loneliness |
| 42. A. nothing | B. something | C. anything | D. everything |
| 43. A. lay out | B. leave out | C. give up | D. get up |
| 44. A. gently | B. impolitely | C. carelessly | D. suddenly |
| 45. A. our | B. my | C. your | D. their |
| 46. A. put | B. tried | C. turned | D. got |
| 47. A. calm | B. pale | C. bright | D. dark |
| 48. A. doubt | B. regret | C. shame | D. achievement |
| 49. A. repaired | B. borrowed | C. brought | D. invented |
| 50. A. painful | B. meaningful | C. common | D. independent |

第二节 词汇运用 (共 15 小题, 每小题 1 分, 满分 15 分)

A. 将方框中所给词语的适当形式填入短文中, 每词仅用一次。

understand in patient practice mistake gradually instead of

Chinese calligraphy is one of the most important traditional Chinese cultures. Many people learn calligraphy _____ 51 _____ their free time. At first, they may find it hard to hold the brush and write well. But _____ 52 _____ giving up, they try more. _____ 53 _____, they'll fall in love with it. When we _____ 54 _____ calligraphy, we need to calm down, focus on the characters, and learn from _____ 55 _____. It builds our confidence and helps us to _____ 56 _____ Chinese culture better. It is a special gift from our ancestors, guiding us to become much _____ 57 _____ and making us better.



B. 阅读下面短文, 根据括号内所给汉语注释写出单词的正确形式 (每空一词)。

A new study has found that older wild animals are very important. They have valuable _____ 58 _____ (知识) that helps their groups live. Researchers studied _____ 59 _____ (千) of papers about older animals, such as their influence on the environment and the situations they face.

Older animals help their group members in many ways. Older birds are better at finding food and _____ 60 _____ (安全) places for babies, so the young birds are more likely to live. Older elephants are good at taking care of themselves as well as others and watching out for _____ 61 _____ (风险) like lions and dangerous environments. Grandmother whales use their experience to help families find food when it is not _____ 62 _____ (足够).

However, older animals are in great danger now. Too much fishing makes the number of older fish drop fast. Researchers _____ 63 _____ (警告) that in areas where hunting is common, the situation of older animals is worse because people want to get some parts of their bodies.

The researchers advise that older animals should be _____ 64 _____ (保护). They also suggest that fishing companies should take it _____ 65 _____ (严肃) and stop catching too much to help with the whole population.

第三节 语法填空（共 10 小题，每小题 1 分，满分 10 分）

阅读下面短文，在空白处填入一个适当的词，或填入括号中所给单词的正确形式。

England is well-known for a special reason. A local group called Cycling UK
 _____ 66 _____ (create) the “100 Women in Cycling” list every year. It praises
 women and girls who encourage others _____ 67 _____ (try) cycling.



At the age of 10, Iona was _____ 68 _____ (young) girl on the list. The Week
 Junior interviewed Iona and her father Ian, who inspired _____ 69 _____ (she) love
 for cycling.

Two years ago, they finished their first long cycle tour. Iona enjoys cycling because she can enjoy many
 beautiful _____ 70 _____ (view) along the way. She thinks cycling in the Netherlands is fantastic since it has
 plenty of roads only for cycling. _____ 71 _____ a wonderful place!

Iona advises nervous beginners to ride in parks first, and then _____ 72 _____ (slow) practice on small roads
 and later on main roads. Now she cycles 1.5 miles to school alone and also advises her friends to join her.

Iona and her father are planning to ride from London _____ 73 _____ Paris. It is a 250-mile journey and it will
 take them about one week to complete. Iona believes cyclists have _____ 74 _____ great time during the process.
 She says cycling not only makes people enjoy the outdoors, _____ 75 _____ also is good for the environment.

第四部分 书面表达（共 1 小题，满分 20 分）

76. 假如你是李华，你校将举办主题为“Stay healthy”的英语演讲比赛。请你根据所给信息，写一篇英文演讲稿。

Why should we stay healthy?	What can we do to stay healthy?	What else should we pay attention to?
feel energetic	exercise regularly	warm up before exercise
keep in a good mood	eat healthy food	not eat too much
...

- 注意：（1）提供的信息仅供参考使用，可适当发挥；
 （2）文中不得出现真实姓名、学校等信息；
 （3）词数 80 词左右（开头已给出，不计入总词数）。

Hello everyone! Today I'd like to talk about staying healthy. _____

